

EAGLES MERE COUNTRY CLUB



P.O. Box 360 Eagles Mere, PA 17731

570-525-3475 x3

Application for Off-Season Fitness Membership

(Please print or type all information hereon except signatures.)

Applicant's Full Name _____

Date of Birth ____/____/____

Permanent Address

Phone Numbers

Cell: (____) _____ - _____

Home: (____) _____ - _____

Email Address _____

Employer and City of Employment _____

How did you here about this membership opportunity? Please mark all that apply.

Social Media Member Other _____

The EMCC Off-Season Fitness Membership includes Fitness Center access **through May 1, 2022** for the **member, significant other, and unmarried children 12-25* (must have a signed waiver from all participants before using the gym)**. Members will be given 1 access card for the gym. Additional/ Replacement cards are available for \$5 each.

EMCC Off-Season Fitness Center Membership Rules

1. The Fitness Center is open daily from 5:30 am-10:00 pm.
2. The Fitness Center is for members only.
3. *Children aged 12-15 must be accompanied by their member parent to use the Fitness Center.
4. All members must sign a liability waiver before using the facilities. (There is one included in this application. Additional waivers are available on the back counter of the Fitness Center or in the Business Office.)
5. Appropriate workout attire, including shirt and shoes, is to be worn at all times.
6. Wipe down equipment after use.
7. Do not use equipment if unfamiliar with its intended purpose.
8. If other members are waiting, please limit use of a particular piece of equipment to no longer than 30 minutes.
9. Consult your physician before beginning an exercise program.
10. If while exercising you feel faint or dizzy, stop immediately.
11. In case of emergency, dial 911.
12. Please call the Business Office if there is a problem with the facility or equipment. 570-525-3475 x3

I have read the above rules, and agree to these terms.

_____ I have enclosed a check in the amount of \$300. _____ I would like to pay by credit (4% charge) over the phone or in the Business Office
check # _____

Applicant's Signature _____ Date ____/____/____

Membership Committee Approval _____

Office Use: Payment Received by _____ **Date** ____/____/____

Required waiver on the next page

The below Release of Liability should be read and signed by all family members who will be using the facilities. Should you need additional forms or if someone is not able to sign currently, forms are available in the Business Office or on the back counter of the Fitness Center.

Release of Liability

By signing this Release, and in return for permission to use the equipment and facilities of the Fitness Center, I agree to and acknowledge the following:

- Eagles Mere Country Club (the “Club”) recommends that any person who wishes to use the Club’s Fitness Center seek and follow the advice of a physician before commencing any exercise routine or using any fitness equipment.
- I understand that the Fitness Center is unsupervised and is not staffed by any Club employee. I represent and warrant to the Club that I am physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my safe participation in any of the activities or programs in the Fitness Center or use of any equipment or machinery at the Fitness Center. I have the necessary knowledge and experience to use the equipment and facilities of the Fitness Center without assistance from the Club or its employees. I understand that I may be alone when using the Fitness Center facilities and equipment.
- I understand and am aware that strength training, stretching, and aerobic exercise, including the use of circuit weight machines, free weights, stationary cardiovascular equipment and any other exercise equipment, are potentially hazardous. I also understand that fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery at the Fitness Center with full knowledge of the dangers involved. I assume any and all risks of injury associated with or in any manner related to my use of Fitness Center equipment and facilities or my presence at the Fitness Center premises.
- I waive, and release the Club and its directors, officers, and employees (the “Released Parties”) from, any and all claims, liabilities, expenses, injuries, losses or damages arising out of or in connection with my presence at the Fitness Center or my use of the Fitness Center equipment or facilities, regardless of cause. I will hold harmless, indemnify, and defend the Released Parties from and against such claims, liabilities, expenses, injuries, losses, and damages.
- This Release of Liability applies to all claims, liabilities, injuries, damages, expenses, and losses, from whatever cause (including, but not limited to, slipping in the facility, malfunctioning equipment, activities of other Fitness Center users, etc.) and whether or not due to the negligent acts or omissions of the Club or its directors, officers, employees or members.
- By signing below, I hereby expressly agree that all persons, including children in my household who are permitted to use the Fitness Center facilities under terms of my Membership are subject to the above provisions. I am hereby signing on their behalf in their absence. I am authorized to do so as the ‘head of the household’.

NOTE: THIS RELEASE OF LIABILITY CONTAINS A WAIVER & RELEASE OF LIABILITY AND INDEMNITY AGREEMENT TO WHICH YOU WILL BE BOUND, AND UNDER WHICH YOU WILL BE WAIVING IMPORTANT LEGAL RIGHTS. DO NO SIGN THIS AGREEMENT BEFORE YOU READ IT.

Printed Name	Signature	Date ____/____/____
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Printed Name	Signature	Date ____/____/____
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Printed Name	Signature	Date ____/____/____
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